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### Press Release

Source: New Leaf Systems

## Are You a Procrastinator?

Tuesday October 25, 7:50 am ET

ORLANDO, Fla., Oct. 25 /PRNewswire/ -- Take the Procrastinator Profile Test ("I've tried to control or manage procrastination by ..."; "Due to procrastination, my financial situation is ...") and find out. If you are a procrastinator, executive results coach Kerul Kassel can help you break the pattern just in time. She's offering helpful advice designed for those sluggish, procrastinating holiday shoppers who wait for the very last minute to plunge into holiday madness. Spare yourself this year and find out why you do this to yourself year after year. She can even provide a guest procrastinator for your program discussion. You can take the multiple-choice quiz online, and Kerul promises that it is a good first step to getting better at handling the upcoming holiday season.

Kerul Kassel will also get your audience prepared for the New Year, that disappointing time when we pile on the resolutions that we never get to. Top-notch talker Kerul Kassel, who is the "Navigator of Now," can nip your procrastinating patterns in the bud.

"Sometimes procrastination is a good thing": She's got the answer for that, too.

Kerul Kassel, known as the "Navigator of Now," and author of the e-book "5 Radical Procrastination Strategies," is available for an entertaining and liberating chat on the subject of procrastination.

Contact/Call for Interview:

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